

# MATH MATTERS: TIPS FOR PARENTS



For RDPSD Parents of Children in Grades K-5 | March 2020



**EVERY FAMILY CAN HELP THEIR CHILD WITH MATH AND BOOST THEIR CONFIDENCE AT THE SAME TIME!**

## MATH TIPS

### 1. Math is Important

We use math every day, often without realizing it. Helping your child feel confident with numeracy will give them a head start.

### 2. Be Positive About Math

Try not to say things like "I can't do math" or "I hated math in school" - your child may start to think that themselves. Staying positive will help them enjoy math.

### 3. Point Out Math in Everyday Life

Include your child in any activities that involve math such as working with money, organizing cupboards, figuring out time, organizing a closet, sorting a drawer, recognizing shapes, finding numbers while traveling, etc.

### 4. Believe Your Child Can Get Better at Math

This is called a "growth mindset". Children with a growth mindset towards math, put in more effort and do better at math.

## MATH AT HOME

- Sort shoes in your closet from biggest to smallest. Ask, "Who has the biggest feet?"
- Say the numbers on license plates while driving. When your child is ready have them add or multiply the numbers, and discuss if the numbers are odd or even. Be creative!
- While eating supper ask, "How many feet are under the table? How many toes?"
- While cooking have your child measure the ingredients.
- While setting the table ask, "How many plates do we need? How many cups?"
- Ask questions regarding time, such as: "How many minutes until we leave? How long were we gone? How long was your bath? How long was the TV show?"

## ACTIVITIES FOR FAMILIES:

Follow this link and choose the appropriate grade level for many engaging math activities:

<https://www.youcubed.org/tasks/>