

WESTPARK MIDDLE SCHOOL

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Mr. Dean Pasiuk, Principal

Mr. Curt Baker, Vice-Principal • Mrs. Camille Bax, Vice-Principal

December 2016

Happy December 'Cat Parents,

We trust this newsletter finds you wrapped up in all that is December. The new school is coming along nicely and we will be showing a 3D representation of it at our next school council meeting (January 17th at 6:30PM in the library) so please pop by if you can...it is amazing. Our Christmas concert goes Tuesday, December 6 starting at 7PM and will prove to be another amazing performance by some talented kids under the guidance of the illustrious Laurie Shapka.

Volleyball was very successful this year for the 'Cats as both boys and girls came away with silver medals; an amazing accomplishment for us. Basketball is well underway here at the school. Things are a little different for Basketball this year. The Red Deer Middle School Athletic Association (RDMSAA) has moved to a city division and a senior division. The city division will be the three middle schools (Westpark, Central and Eastview) along with Fox Run. Each of those teams will take 12 players and play against each other. We will also have a senior team that will play in the regular RDMSAA basketball league and then all other players interested in playing basketball will play in our intramural program so everybody will still have a place to play.

We have created a "How to Register for Power School" for our parents so please check out our website for details and just follow the directions and you will have access to Power School.

One Book Many Schools finished up in late October and all who came to the big wind up had a great time. We hope that you are continuing to read at home with your kids as it is the number one factor in helping our kids be successful in schools.

On behalf of all the students and staff, we wish you a wonderful holiday season full of family, friends and laughter. We look forward to starting the new year well rested and ready to learn:))

The Wildcat Administration Team.

**Westpark Middle School Bands
Winter Concert
Tuesday, December 6
7 pm in the Gym**



Scholastic Book Fair

November 29 - December 7

1:00 - 3:00 pm (plus bonus hours)

In the Library

Family Event

December 6, 4:30 - 8:00 pm (Winter Concert night)



Yellow School Bus/ Transportation

Please refer to the website to check on bus routes and for the latest information on changes to routes or pick up times.

www.wms.rdpd.ab.ca (Quicklinks>Busing and Transportation)

December Dates

Dec. 6 Winter Concert 7 pm

Dec. 6 Book Fair Family Event
4:30 – 8:00 pm

Dec. 8, 9 No School (Staff Learning Days)

Dec. 14 FLEX pm

Dec. 14 Hot Lunch - OPA

Dec. 21 Hot Lunch – Booster Juice

Dec. 23 Early Dismissal 1:37 pm

FEE WAIVER FORMS

This is just a quick, friendly reminder that if you would like to submit a fee waiver form application, the **deadline** to do so is **December 16th**, 2016 and there are no extensions. You can print a form from our website, fill it out and submit it to Mrs. Streit in the office. If you are unable to print a form from home, please do contact Mrs. Streit by phone or email and she will be more than happy to send one home in an envelope with your student. Thank you.

Remittance of School Fees

All forms of payment are acceptable...cash, cheque, money orders, debit (\$1.00 service charge), Visa/MasterCard (2.55% fee on the transaction amount).

Please feel free to make payment arrangements asap. Different payment options include: #1. Pay the full balance in one transaction. #2. Split the balance into 2, 3, 4 or 5 equal payments.

All school fees/balances are to be paid in full before May 2017.

Collicut and GHD Centre Admission Booklets

Collicut Centre and G H Dawe Centre admission booklets are available at the school office.

Cash/Debit/Credit Card accepted.

Child (Ages 3-12) - 12 admissions

Youth (Ages 13-17) - 8 admissions

Family (2 Adults + children) - 3 admissions

Collicutt booklets - \$35 each (Family, Youth & Child available)

Dawe booklets - \$25 each (Youth & Child available)

Health Canada has announced the launch of the *First Nations and Inuit Hope for Wellness Help Line*: [1-855-242-3310](tel:1-855-242-3310) (Toll free)

Callers can access the Help Line 24/7 effective immediately.

The Hope for Wellness Help Line is to provide immediate **culturally competent** telephone-based **crisis intervention counselling** to **First Nations and Inuit young people and adults** experiencing distress. Help Line calls will be answered by experienced crisis intervention counsellors, and service will be available in English and French. Callers may also ask about the availability of service in Cree, Ojibway and Inuktitut.

Toy/Winter Wear Drive

From Monday, Dec. 5-19, WMS will be doing a toy and winter outerwear drive. Please bring in any winter coats, hats, scarves and mittens (new or used for any age) as well as new toy donations for the Red Deer Christmas Bureau.



Counsellor's Corner

It's a celebratory, and often stressful, time of year. We're fortunate to have Salvation Army, Women's Outreach, Christmas Bureau, Food Bank and other agencies offering assistance to those in need. As well Lindsay Thurber High School provides hampers and another local group sponsors a few students from our school. We're very appreciative of these endeavors that help brighten students' lives.

At Westpark Middle, we have also been focusing on celebrating the other end of the age spectrum and had a "SAGE" (Seniors and Grandkids Engaging)

visit at Bethany Care Centre. "Gifts for Grandparents" is being supported and a tea will be held this month for local seniors.

Wishing you a very Merry Christmas, the happiest of holidays and all the best in the new year!

Ways to build confident children


1. Validate the child not the thing or activity
2. Support vs enable- support helps your child to stretch and grow while enable keeps your child stuck
3. Remove guilt and shame – treat a child with tenderness and affection. Use reward and not punishment
4. Facilitate peace and harmony- identify the things that cause stress in the life of your child and seek to reduce the stress
5. Put love into action. Love is a decision backed up with actions
6. Keep your child dreams alive
7. Promote core beliefs such as honesty, kindness, forgiveness and thoughtfulness
8. Facilitate family meetings to provide the opportunity for everyone to be heard.
9. Tell your child **NO** when no is a good thing

merry
CHRISTMAS
and
happy
new year!

December, 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Day 1 Book Fair 1 - 3 pm	2 Day 2 End of Tirmester 1 Book Fair 1 - 3 pm	3
4	5 Day 1 Trimester 2 begins Book Fair 1 - 3 pm	6 Day 2 Book Fair Family Event 4:30-8 pm Winter Concert 7 PM	7 Day 1 Book Fair 1 - 3 pm	8 No School K - 8 Staff learning	9 No School K - 12 Staff Learning Day	10
11	12 Day 2	13 Day 1 Report Cards	14 Day 2 Flex PM Hot Lunch - OPA	15 Day 1	16 Day 2	17
18	19 Day 1	20 Day 2	21 Day 1 Hot Lunch - Booster Juice	22 Day 2	23 Day 1 1 Hour Early Dismissal	24 Christmas Eve
25 	26	27	28	29	30	31 New Year's Eve
Christmas Break No School						
						
Notes						

January, 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2	3	4	5	6	7
Christmas Break No School						
8	9 Day 2 Back to School	10 Day 1	11 Day 2	12 Day 1	13 Day 2	14
15	16 Day 1	17 Day 2	18 Day 1	19 Day 2	20 Staff Learning Day No School for K-8	21
22	23 Day 1	24 Day 2 City Wide School Council - 7:00pm - MME	25 Day 1	26 Day 2	27 Day 1	28
29	30 Day 2	31 Day 1				
		Notes				